



LOSE 2 WIN



January 26-March 22



\$1299



Space is Limited! Contact
PT360@LakeshoreSF.com
to register.

Includes:

- 12 Personal Training Sessions
- 8 TeamX classes
- 3 Inbody Scans
- Injury Screen
- Nutrition and Workout Seminars
- Complimentary 3 Months of Individual Membership to the winner!

Top 3 Female and Top 3 Male participants with the largest percent change in Body Fat Percentage will win the following Prizes:

- 1st Place: 3 Months Complimentary Individual Membership
- 2nd Place: 1 Month Complimentary Individual Membership
- 3rd Place: 1 Complimentary Personal Training Session.