













February Adult Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2/1  Intro to Pickleball 9:30-11am	2/2  FIT Fever Weekly Mini-Workout/Check-in 5:30-6:30pm	2/3	2/4 Intro to Fitness Series: Intro to Machine 5:30-6:30pm 	2/5  Blind Wine Tasting 5:30-7PM	2/6	2/7
2/8	2/9  Tread Sculpt 7-7:45am	2/10	2/11  LSF All-Star Hoops: Basketball Open Gym 5:30-8pm	2/12	2/13  Climbing Open House 5:30-8pm	2/14  Get Into The Groove Special Group Fitness Class 10:30-11:15am
2/15  Intro to Pickleball 9:30-11am	2/16 Pickles & Presidents Day Pickleball Play 10am-2pm Community Volleyball Open Gym 5:30-7pm FIT Fever Weekly Mini-Workout/Check-in 5:30-6:30pm	2/17	2/18 Intro to Fitness Series: Intro to Dumbbells 5:30-6:30PM Ping Pong Night 5:30-7:30pm BollyX Special Group Fitness Class 6:15-7:15pm	2/19	2/20	2/21  Intro to Cardio Fusion 9:45am
2/22	2/23  FIT Fever Weekly Mini-Workout/Check-in 5:30-6:30pm	2/24	2/25	2/26  New Member Mixer	2/27	2/28
				<p>Register in the MyLSF app</p> <p>Reach out to ICMembership@LakeshoreSF.com for more information</p>		