

# JUNIOR TENNIS

LSF's Junior Tennis Program offers the scaffolding for junior players to enjoy the sport of tennis for the first time as well as a path to progress through the ranks of different skill appropriate levels. These opportunities are made available through classes and semi-private or private lessons.

## **JUNIOR CLASSES**

Emphasize group learning where players are given the opportunity to interact with each other through group based activities such as games, skill building, and competition.

## **FUTURE STARS**

Intro to tennis for 3-5 year olds. Motor skills are developed with the love of the game.

## **UNDER 6 STARS**

This tennis program is designed for kids ages 5-6 year olds and will be using the red tennis balls. Instruction will be focused on improving classic tennis strokes, preparing kids for Under 8-10 Stars program, and will gradually introduce players to rallies.

## **UNDER 8-10 STARS**

Classes will build upon the U5 Future Stars class by introducing elements of basic forehand and backhand ground strokes and volleys. It will also introduce elements of rallying, swing technique, point play, and basic rules of the game. Players are encouraged to develop individual ownership to their improving game. These classes will incorporate drills, activities, and games with each weekly lesson.

## **UNDER 12-16 STARS**

Classes are structured to teach basic hitting skills for beginning players. These classes will focus on basic all court skills including forehand and backhand ground strokes and volleys. Players will be introduced to basic elements of rallying, swing technique and body position-ing, point play, and competition.

## **UNDER 10-16 INTERMEDIATES**

Classes are structured to progress the U8-U14 Star players to an intermediate level. Skills will become more specialized and technically improved upon while introducing performance and competition level elements. These classes will specialize in teaching elements such as combining different shots to develop fundamental point play, and introducing higher level skilled shots: serving, slicing, lobbing, and approach shots. This class will aim to advance players to move up to the Academy level.

**For more information**  
**[LPRacquet@LakeshoreSF.com](mailto:LPRacquet@LakeshoreSF.com)**

# JUNIOR GROUP CLASS TIMES:

FUTURE STARS (3 & UP)	
Mon	4-4:45pm
Tues	4-4:45pm
Wed	4-4:45pm
Thur	4-4:45pm
Fri	4:15-5pm
Sat	9-9:45am, 10-10:45am
Sun	9-9:45am, 10-10:45am

UNDER 10 (U10)	
Mon	4-5pm, 5-6pm
Tues	4-5pm, 5-6pm
Wed	5-6pm
Thur	4-5pm, 5-6pm, 6-7pm
Fri	4-5pm, 5-6pm
Sat	11-12pm
Sun	9-10am, 11-12pm

UNDER 14 (U14)	
Tues	4-5pm (B), 5-6pm
Wed	5-6pm
Thur	4-5pm, 5-6pm
Fri	5-6pm, 5-6pm (I)
Sat	11-12pm (B), 12-1pm
Sun	12-1pm (I), 1-2pm (B)

UNDER 6 (U6)	
Mon	4-5pm
Wed	4-5pm
Thur	5-6pm
Sat	11am-12pm
Sun	10-11am

UNDER 8 (U8)	
Mon	4-5pm, 5-6pm
Tues	4-5pm
Wed	4-5pm
Thur	4-5pm
Fri	4-5pm, 4:30-6pm
Sat	9-10am
Sun	10-11am

UNDER 12 (U12)	
Mon	5-6pm
Tues	5-6pm
Wed	4-5pm
Thur	4-5pm, 5-6pm
Fri	5-6pm
Sat	12-1pm, 12-1:30pm (I)
Sun	11am-12pm

## CLASS RATES

10-week session prices  
Minimum 4 students per class

	Member
1 hour	\$380
1.5 hours	\$570
2 hours	\$760

## SESSION DATES

**SUMMER 1** Mon Jun 16 - Sun July 20

*no classes Tue Jul 4*

**SUMMER 2** Mon July 21 - Sun Aug 24

**FALL** Monday Aug 25 - Sun Nov 2

*no classes Mon Sep 1*

**WINTER 1** Mon Nov 3 - Sun Jan 11

*No classes Nov 27, Dec 24, 25 & 31 Jan 1*

**WINTER 2** Mon Jan 12 - Sun March 22

**SPRING** Mon March 23 - Sun May 31

*Mon May 26*

MEMBERSHIP REQUIRED  
MEMBER REGISTRATION BEGINS 2 WEEKS  
PRIOR TO THE START OF EACH SESSION.

## PRIVATE/SEMI-PRIVATE LESSONS

Private lessons	\$100
Semi-private	\$120
Hitting lessons	\$75

classes times are offered at the intermediate level  
(I)= Intermediate (B) = Beginner

## COURT HOURS & PRICING

Rooftop pricing \$25 +tax per hour + .9% City Fee  
Indoor pricing \$61+ tax per hour + .9% City Fee

Monday - Friday	Saturday - Sunday
5:00am-11:00pm	6:00am-9:00pm

1 make-up lesson allowed within the session. For lesson cancellations. LSF requires 24-hour notice to avoid cancellation charges.  
*Services paid for with credit or debit card will incur a 4% convenience fee.*

LSF has a 24 hour cancellation policy for all lessons, classes & makeups.