

ACTIVE8

lake
shore
LINCOLN PARK SF



8-Week Fall Training Challenge • \$799 October 13th-December 8th

- 8 Personal Training Sessions
- 8 TeamX classes
- 8 Guided Written Workouts

Contact PT360@LakeshoreSF.com to register.



Ready to Get Fit This Fall? Join Active8!

Get moving with Active8, our 8-week fitness challenge designed to push your limits, boost your energy, and build serious momentum before the holidays. Whether you're leveling up your workouts or just getting started, Active8 is your chance to commit, compete, and crush your goals.