
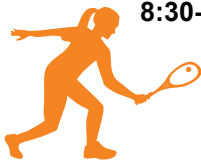

















August Adult Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Register in the MyLSF app Reach out to ICMembership@LakeshoreSF.com for more information				8/1  Aqua Fit 8:30-9:15PM	8/2 LSF Squash Tournament 8:30-3PM 
8/3 LSF Squash Tournament 8:30-3PM 	8/4  Rooftop Skyline Vinyasa Yoga 6:15-7:15pm	8/5  Skyline Zumba 5:30-6:30pm	8/6 	8/7  Skyline Poker Night 5:30-8pm	8/8  Pickleball Happy Hour 4-6:30pm	8/9
8/10  Intro to Pickleball 10:15-11:45am	8/11  Aqua Fit 8:30-9:15am	8/12  Rooftop Skyline Vinyasa Yoga 7-8am	8/13 Mahjong 12-2pm  Open House 4:30-7pm	8/14 	8/15 Aqua Fit 8:30-9:15am	8/16  Drinks &Dinks 10:00-12:30pm
8/17 	8/18 Rooftop Skyline Vinyasa Yoga 6:15-7:15pm 	8/19 	8/20  Rooftop Summer Shred 5:30-6:15pm	8/21 7pm Music 8:30pm Movie Start Lakeshore East Movie in the Park - Wicked	8/22 Aqua Fit 8:30-9:15am	8/23 Badminton Open House 12-2:30PM 
8/24  Intro to Pickleball 10:30-12:00pm	8/25 	8/26 Rooftop Skyline Vinyasa Yoga 7-8am	8/27 Mahjong 12-2pm Rooftop Summer Shred 5:30-6:15pm	8/28  Skyline Trivia Night 5:30-8pm	8/29 Squash Mixer 5:30-7:30pm 	8/30 Labor Day Hours 7am-3pm