

WEEKLY CLASSES

Rooftop Vinyasa Yoga
Mondays, 6:15–7:15PM / Tuesdays & Thursdays, 7–8 AM
Rooftop Outdoor Summer Shred
Wednesdays, 5:30–6:15PM



**Join Lakeshore Sport & Fitness – Illinois Center
for some fun during LSF's Skyline Summer Downtown 2025 Series!**

Pickleball Happy Hour – Friday, June 13, 4–6:30PM

Rooftop Beer Garden – Wednesday, June 18, 4:30–6:30PM

LSF @ Lakeshore East Movies in the Park – Moana 2 – Thursday, June 19, 7PM Music & 8:30PM Movie

Sunsets & Blooms: Flower Arrangement Workshop – Thursday, June 26, 5:30–7PM

Summer Slam Pickleball Scramble – Saturday, June 28, 11:30 AM–4PM

Rooftop Core Conditioning – Tuesday, July 8, 5–5:30PM

Rooftop Total Body Conditioning – Tuesday, July 8, 5:30–6:15PM

Say Cheese: Make Your Own Personalized Cutting Board – Wednesday, July 9 5:30–7PM

LSF @ Music in the Park – Monday, July 14, 5:30–8PM

LSF @ Lakeshore East Movies in the Park – Twisters – Thursday, July 17, 7PM Music & 8:30PM Movie

Rooftop Bingo Night – Thursday, July 31, 5:30–7PM

Rooftop Abs Sculpt – Wednesday, August 6, 5–5:30PM

Rooftop Zumba – Wednesday, August 6, 5:30–6:15PM

Rooftop HIIT Conditioning – Wednesday, August 6, 6:15–7PM

Rooftop Poker Night – Thursday, August 7, 5:30–8PM

LSF @ Lakeshore East Movies in the Park – Wicked – Thursday, August 21, 7PM Music & 8:30PM Movie

Rooftop Trivia Night – Thursday, August 28, 5:30–7PM