

# SQUASH MIXERS

**lake  
shore**  
ILLINOIS  
CENTER **SF**

**TUESDAYS & FRIDAYS - 5:30-8PM**

**FREE TO MEMBERS AND INVITED GUESTS - FOR ADVANCED BEGINNER TO ADVANCED LEVELS**

**SIGN UP BY EMAILING [ICSQUASH@LAKESHORESFCOM](mailto:ICSQUASH@LAKESHORESFCOM)**

**BRING YOUR OWN RACQUET (RENTALS \$5) - SQUASH BALLS PROVIDED  
EYE PROTECTION HIGHLY RECOMMENDED.**