












April Adult Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		4/1  RedCross Blood Drive 2-7pm	4/2 Mahjong 12-2pm	4/3 Beat the Pro Squash Mixer Nicks & Drinks 5:30-7pm Ladies of LSF Barre Class 6:45-7:30pm	4/4	4/5
4/6 Intro to Foam Roller: Abs and Stretch 9:30-10:15am Introduction to Pickleball 10:15am-11:45am	4/7 Ladies of LSF Barre Class 6:45-7:30pm 	4/8  Club Open House 4:30-7pm	4/9  Mahjong 12-2pm	4/10 Intro to Treadmill Running or Walking 5:30-6:15pm Ladies of LSF Barre Class 6:45-7:30pm	4/11	4/12
4/13 Intro to Treadmill Running or Walking 12:15-1pm Members Only Ladies Squash Mixer 2-3:30pm	4/14 Ladies of LSF Barre Class 6:45-7:30pm	4/15	4/16 Mahjong 12-2pm	4/17 Ladies of LSF Barre Class 6:45-7:30pm	4/18	4/19 Indoor Tri 8-11am 
4/20  Intro to Pickleball 10:15-11:45am	4/21 Ladies of LSF Barre Class 6:45-7:30PM Intro to Pickleball 7-8:30pm	4/22	4/23 Mahjong 12-2pm Pickleball Drills & Skills 11:30-1pm	4/24 Ladies of LSF Barre Class 6:45-7:30PM	4/25  Climbing Wall Open House 5-8pm	4/26 1st Annual Pickable Doubles Championship 10am-5pm 
4/27 Intro to Pilates 11:30-12:15pm 	4/28 Volleyball Open House 5-6:30pm Ladies of LSF Barre Class 6:45-7:30pm	4/29	4/30 Mahjong 12-2pm Golf Open House 5:30-7m Derby Day Bourbon & Spirits Mixology Social 5:30-7pm	<div> Register in the MyLSF app Reach out to ICMembership@LakeshoreSF.com for more information </div>		