

**lake
shore**
LINCOLN
PARK **SF**

REFORMER PILATES



Level 1

Monday: 6:45am & 9am
 Tuesday: 5pm
 Thursday: 6am
 Friday: 9am
 Saturday: 9am & 12pm

Intro to Reformer

Wednesdays: 5:45pm



SMALL GROUP TRAINING

\$30/class drop-in



Register online at MYLSF.net
 or via the MyLSF app
LPPilates@LakeshoreSF.com

**Come and join us
 for Pilates Reformer
 classes!**

ONE ON ONE SESSIONS AVAILABLE

TOTAL PACKAGE PRICE						
Sessions	Base	Senior	Specialist	Buddy	Master	Private Group
1	\$105	\$115	\$125	\$75	\$135	\$55
6	\$630	\$700	\$760	\$455	\$825	\$315
12	\$1,210	\$1,360	\$1,470	\$860	\$1,600	\$580
24	\$2,320	\$2,630	\$2,820	\$1,675	\$3,115	\$1,075
50	\$4,595	\$5,225	\$5,625	\$3,395	\$6,175	\$2,045