



**lake
shore**
LINCOLN
PARK **SF**

REFORMER PILATES



Level 1
Mondays & Fridays at 9am
Saturdays at 9am & 12pm

Intro to Reformer
Wednesdays at 6pm



SMALL GROUP TRAINING
\$30/class drop-in
\$149/month unlimited



Register online at MYLSF.net
or via the MyLSF app
LPPilates@LakeshoreSF.com

**Come and join us
for Pilates Reformer
classes!**

ONE ON ONE SESSIONS AVAILABLE

TOTAL PACKAGE PRICE

Sessions	Base	Senior	Specialist	Buddy	Master	Private Group
1	\$105	\$115	\$125	\$75	\$135	\$55
6	\$630	\$700	\$760	\$455	\$825	\$315
12	\$1,210	\$1,360	\$1,470	\$860	\$1,600	\$580
24	\$2,320	\$2,630	\$2,820	\$1,675	\$3,115	\$1,075
50	\$4,595	\$5,225	\$5,625	\$3,395	\$6,175	\$2,045