

LSF ACADEMY DANCE

Dance is the foundation of an active lifestyle! Give your child an opportunity to build social strength, improve posture and range of motion and stimulate creativity. Dance is a great alternative to team sports and most importantly, dance is FUN!

TINY DANCERS (PRE-K - KINDERGARTEN)

This is a creative movement class that promotes self-esteem and self-discipline in an environment where children learn through games, and imagination. Through exploration children experience concepts of rhythm, shapes, levels and different qualities of movement. Children are highly encouraged to wear leotards, tights, and ballet slippers.

Tuesdays from 4:00-4:45PM

JUNIOR DANCERS (1ST - 4TH GRADE)

This is an introductory class to the foundation and discipline of dance. Students will be guided through the basic arm and feet positions, alignment, and body placement of different dance styles to gain strength, coordination, technique, musicality, and rhythm. Students will gain self-confidence in a positive and supportive classroom environment. No previous experience needed. Ballet slippers, tights & leotard are strongly encouraged.

Tuesdays from 5:00-5:45PM

Session Dates:

FALL: Sept 3 - Nov 10

WINTER I: Nov 11 - Jan 26

(No class Nov 28, Dec 24 - Jan 1)

WINTER II: Jan 27 - Apr 6

(No class Mar 21)

SPRING: Apr 7 - Jun 15

(No class Apr 20, May 25)

Pricing:

\$350 for members

Services paid for with credit or debit card will incur a 4% convenience fee.

Registration:

Please enroll at MyLSF.net or register in the MyLSF app

Private group lessons are available upon request.

For additional
information contact:

773.770.2425

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