

LSF ACADEMY - BASKETBALL

Basketball is a great way to instill confidence, team work, and discipline all the while making new friends. Children will improve their endurance, balance and hand-eye coordination, agility among other skills in this comprehensive program.

PRIVATE BASKETBALL LESSONS (1-ON-1)

Private training can be geared for players who need more individualized attention, have trouble staying on task in group classes or have specific goals to achieve. Private training allows for instructors to personalize goals and objectives specific to the player. Lessons are skill-based focusing on developing individual skill set (dribbling, shooting, passing, strategy and more), starting at where the player currently is and helping to sharpen and develop skills to maximize their ability on the basketball court. Private trainings do not follow class sessions; however, most maintain a weekly standing time with their instructor. Lessons will be held in the gym.

PRIVATE GROUP LESSONS (2-6 PARTICIPANTS)

Private Group Classes (2 to 6 participants) are a great option for families in the neighborhood to come together or those looking to learn and improve by creating their own basketball group. We work with the group to set a date and time that works for everyone and set the number of lessons. Participants will be evaluated in the first lesson to determine the overall skill level of each participant and to determine the basketball program based on the overall group's ability. It is best for participants to be similar in ability and goals.

Private Lesson	45 Mins	60 Mins
Individual Lesson	\$53	\$70
6-pack Lesson	\$300	\$402
12-pack Lesson	\$576	\$780

Private Group Lesson	45 Mins	60 Mins
Individual Lesson	\$42	\$55
6-pack Lesson	\$234	\$312
12-pack Lesson	\$444	\$600

Prices listed are for current LSF members.
24-hour notice is required for all cancellations
via email to ICKids@LakeshoreSF.com and the instructor.

To get started, email
ICKids@LakeshoreSF.com