



# LSF LOOP

What's New and News at Lakeshore SF



August 7, 2018

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## Club Information

### Best Way to Communicate with Lakeshore Departments

The best way to communicate with our department managers to get information about programming or coordinate an instructor is through email as our team members are active around and about the club or working with other members. All of our group emails, such as [LPAquatics@LakeshoreSF.com](mailto:LPAquatics@LakeshoreSF.com) or [LPCamps@LakeshoreSF.com](mailto:LPCamps@LakeshoreSF.com) are monitored by several people, often with extended hours of coverage, so we can make sure to get back to you as quickly as possible. We do have an expectation of a 24 hour response time for all communications from our team. There have been some issues with spam filters lately preventing our emails from reaching some members so we do encourage you to both check your spam and configure your spam filter to allow emails from our domain. Should you have any general questions about this or about any club offering, please feel free to contact us at [MemberServices@LakeshoreSF.com](mailto:MemberServices@LakeshoreSF.com).

### Our Next Summer Party is August 26<sup>th</sup> from 2-4PM

Summer Member parties are back at Lakeshore! Join us for fun, games and music from the “Matt Stedman Band & Ring of Music Orchestra” on Sunday, August 26<sup>th</sup> from 2–4pm on the rooftop! We will have food, games, and all kinds of activities for adults and kids to enjoy. There will be food served for the little ones on the kids’ side of the roof and an adult offering at Harvest including beer and wine. Come on out and enjoy a slice of Chicago summer on the rooftop at Lakeshore! Please pre-register any guests that you might want to bring with [Membership@LakeshoreSF.com](mailto:Membership@LakeshoreSF.com).

### Free Childcare if you are Dining at Harvest!

Looking for a date night or some drinks with friends? For members and non-members who are dining and drinking at our amazing Harvest restaurant, childcare is **free**! For two hours your child will explore our materials, play outside, dance, do arts and crafts, listen to music and socialize with friends. Please remember to bring a receipt to childcare staff after your visit so we can make sure you are not charged. Our playroom is open from 7:30 am - 9:00 pm Monday - Saturday and 7:30 am -6:00 PM on Sundays!

### Movie Nights Continue Through the End of August

Saturday night is outdoor movie night at LSF. Movies start as soon as it is dark enough to see – generally around 8:00 PM. The schedule for movies is available on our web-site under the Programs & Schedules tab and movies for the next few weeks are listed below:

August 11 – A Wrinkle in Time

August 18 – Peter Rabbit

August 25 – Lego Ninjago

Our hotdog cart will open at 6 PM with offerings for both kids and adults so you do not have to leave the Kid's side of the roof to enjoy.

### **First Floor Pool – Closed for Construction**

The first floor lap pool is closed for construction for the next couple of weeks. Members are welcome to use the Illinois Center pool during this time period in compliance with our policies there. Please contact [MemberServices@LakeshoreSF.com](mailto:MemberServices@LakeshoreSF.com) if you have any questions about accessing Illinois Center for swimming.

### **PeeWee Corner**

#### **Pee Wee Summer Camp - Still time left to register so you don't miss out on the FUN!**

We are having a great time with our PeeWees this summer and happy to have so many PeeWee Campers! Although space is limited for our PeeWee campers we do still have some weeks throughout the summer with availability, be sure to sign up now to reserve a spot! Please click the link to register. [Register for PeeWee camp](#)

#### **The school year is right around the corner! Join PeeWee Preschool at LSF in September!**

For those of you familiar with our Pee Wee program, we have some exciting changes coming this fall! Our Pee Wee preschool program will include a STEAM (Science, Technology, Engineering, Arts and Math) and nature based curriculum. We will break up our months into in depth, hands on explorations. We also have Miss Melanie joining us as our lead teacher. She will be working with current staff and myself to make our Pee Wee Program an authentic preschool experience. Information on enrolling your child for fall will be available soon! For more information don't hesitate to email [PeeWee@LakeshoreSF.com](mailto:PeeWee@LakeshoreSF.com).

### **Camp Corner**

#### **What's Still In Store For Camp Lakeshore - ONLY Four Weeks Left - Sign Up NOW!**

We have lots of fun schedules for August, there are still four weeks left of camp! Sign up now to get in on the fun. We have a lot of great trips ahead of us including trips to Lincoln Park Zoo, Sky High Sports, Pump it Up, a trip to the beach and so much more. Some of our other camp favorites such as underwater prom and super hero training day are just around

the corner. We have lots of camp options available. Please [click here](#) for the summer camp brochure and [click here](#) for the link to our weekly themes and field trips. To register for Summer Camp [click here](#). We have a bunch of great theme days and activities still heading your way this summer. Look forward to, check it all out below!

### **Week 10, Aug 6-10: Superheroes**

- What to Wear for Wild Weds: Capes & Superhero Gear
- Tiger Tue. Field Trip: 6 Flags \*Late pickup
- Wild Weds. Activity: Superhero Training Course
- Friday Field Trip: Sky High Sports

### **Week 11, Aug 13-17: Under the Sea**

- What to Wear for Wild Weds: Prom, Formal or Mermaid
- Tiger Tue. Field Trip: Navy Pier Scavenger Hunt & Fountain Party
- Wild Weds. Activity: Under the Sea Prom
- Friday Field Trip: Lincoln Park Zoo (*switched due to the weather from the original scheduled date*)

### **Week 12, Aug 20-24: All Things Sports**

- What to Wear for Wild Weds: Sports Jerseys
- Tiger Tue. Field Trip: Rock Climbing At
- Maggie Daley Park
- Wild Weds. Activity: Sports Training Field Day
- Friday Field Trip: Pump It Up

### **Week 13, Aug 27-31: Island Style**

- What to Wear for Wild Weds: Hawaiian Gear & Leis
- Tiger Tue. Field Trip: Beach Day
- Wild Weds. Activity: Cookout & Luau
- Friday Field Trip: Foster Beach

## **Club 48 Corner**

### **Sign Up for Camp 48 - Find Out What the Excitement is all About - Weeks Selling Out!**

Camp 48 is LSF's fieldtrip based specialty camp program for 4th-8th grades! These camps are designed to pique the interest of our LSF kids who feel they are ready to take on new and exciting challenges, all summer long! Not only is the entire week designed to engage the older kids and keep them wanting more, but Camp 48 is also unique in that it is held almost entirely outside of the club. We'll travel around the Chicagoland area to seek out the

best adventures and highest quality experiences! Daily lunch included. Weekly registration is required. Sign up [here](#).

Adrenaline 2.0 - August 13th - August 17th - LIMITED SPACE AVAILABLE

Into the Wild - August 20th- August 24th - SOLD OUT

Best of the Best! - August 27th - 31st - LIMITED SPACE AVAILABLE

### **August Programming Schedule for Club 48**

Club 48 is exclusively for 4th through 8th grade members. Programming is offered Monday - Friday from 3:00 - 6:00 and weekends from 12:00 - 5:00 PM. No need to sign up, just drop in for the class! [Click Here](#) to check out August's Club 48 schedule . This schedule was built based on feedback from our Club 48 Leadership team, comprised of Club 48 Members.

## **Racquet's Corner**

### **Paddle Season Is Gearing Up**

Paddle – played outdoors during the winter months – starts getting active in September. If you are interested in playing on a team, learning the sport, participating in our in-house league, or just getting into the mix of people looking to play paddle, please contact [LPPaddle@LakeshoreSF.com](mailto:LPPaddle@LakeshoreSF.com) so we can get you set up!

### **Looking for Women Paddle Players**

If you are a competitive tennis player looking to join a paddle team, or an experienced paddle player, our women's paddle team wants you! The matches and practices do take place during the day during the week. If this might be of interest, please contact [LPPaddle@LakeshoreSF.com](mailto:LPPaddle@LakeshoreSF.com).

### **2018 Fall Tennis Registration will start on August 18th**

2018 Fall Session Tennis registration will start on August 18<sup>th</sup>. Our Fall session of Tennis classes will start on Tuesday, September 4<sup>th</sup> and run until November 11<sup>th</sup>. It is a 10-week session, however Monday classes will run for 9 weeks due to the Labor Day holiday on Monday, September 3<sup>rd</sup>. We offer pre-paid private and semi-private lessons and many group classes including Future Stars (3+ years), Under 8, Under 10, Under 12, Under 14, Under 16, Junior Academy and Adult Group classes. For more information, please contact the Racquet Sports Department at [LPRacquet@LakeshoreSF.com](mailto:LPRacquet@LakeshoreSF.com).

### **Match Finders for Squash, Tennis, Racquetball, Pickleball & Paddle!**

Are you looking for more people to play racquet sports with? Please let us know and we can add you to our distribution list of players interested in finding new games or joining others for group play. Just e-mail [LPRacquet@LakeshoreSF.com](mailto:LPRacquet@LakeshoreSF.com) with which lists you would like to be added to and what your level is. Then accept the invite and you can start sending messages

to the group to find playing partners!

## In Other News

### Small group training is the “sweet spot” of the fitness experience

Small Group Training has been gaining popularity because it's an exciting way for clients to take advantage of a trainer's expertise all while keeping the fun and competitiveness of a group dynamic. Participants team up to reap the benefits of variety, camaraderie and accountability while surpassing their individual fitness goals. The small-group setting allows our professional trainers to incorporate maximum flexibility and choice into workouts, yet tailor-fit exercises to individual needs and preferences. For more information email the PT360 team, [PT360@LakeshoreSF.com](mailto:PT360@LakeshoreSF.com)

### Stingrays USA Swim Team - Summer Season Regional, State and Zone Championships!

As we conclude our summer season the Stingrays have a lot to be happy about. Finishing yet another successful season the swimmers have exceeded expectations! We had a total of 13 swimmers qualify for the Regional meet, our highest number to date. The team finished the meet with 24 top ten performances and two Regional champions. Last weekend at the IL State meet we had 3 top 10 finishes. The swimmers representing the team were Ben Walls, Owen McDonald and Regan McDonald. Over August 2-3<sup>rd</sup> Regan McDonald represented the IL State team at the Zone championships, she finished 22<sup>nd</sup> and 11<sup>th</sup> in the Midwest Zone. We want to congratulate our swimmers on their outstanding commitment and work effort shown this season. We look forward to an even better Fall season, first practice will be August 27<sup>th</sup>. Enrollment to open shortly. Please visit our website at Lakeshore Stingrays for more information on the team. Swimmers are able to join at any point in the season! To schedule a tryout, email us at [Stingrays@LakeshoreSF.com](mailto:Stingrays@LakeshoreSF.com)



### Childcare Spotlight - Story Time With Mr. Brian

Mr. Brian has been a fixture in our child care center for a few years now. Every morning Brian leads our kiddo's in story time. The kids tend to stop what they are doing and listen very intently to the stories of the day. Brian is very animated and engaging and the children are always very excited to participate. What makes the experience here a Lakeshore so amazing for children and families is staff members, like Brian, whose passion for children show in all they do here. As part of our daily program we include music classes twice a week, Art's and Crafts, Story time, Outside time, structured and unstructured physical activities and of course free play. For information please contact

[LSFChildcare@LakeshoreSF.com](mailto:LSFChildcare@LakeshoreSF.com).

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